

Adaptation: Symptom Screening

Evan Marks, LCSW-C • 4405 East West Hwy, Bethesda, MD 20814 • 240-547-7497 • www.adaptationlife.com

Name: _____

Date: _____

Important: please leave questions that are not true for you or do not apply blank.

General Questions

Are you currently employed () Yes

Do you have any difficulty with reading, writing, or mathematics () Yes

Have you ever been in the military () Yes

Have you ever regularly attended religious services () Yes

Have you ever had any significant illness or injuries () Yes

Have you ever been diagnosed with a mental illness () Yes

Are you on any prescribed or unprescribed medication () Yes

Have you ever had any significant medical problems () Yes

Symptoms

Do you have any problems sleeping () Yes

Have you had any recent changes in appetite () Yes

Have you had any recent changes in energy level () Yes

Do you have difficulty concentrating or completing work on time () Yes

Do you have frequent or intense mood swings () Yes

Have you had any recent thoughts of hurting or killing yourself () Yes

Do you have frequent worrisome thoughts that are difficult to stop () Yes

Have you ever had an attack when you suddenly felt frightened, uncomfortable, or uneasy () Yes

Do you ever feel numb, apart, or without much feeling at all () Yes

Have you ever experienced a traumatic event that you still think about frequently () Yes

Do you have periods of time in your life that you do not remember () Yes

Have you ever heard or seen things that were not really there or that others could not see or hear () Yes

Do you believe that others are against you or are watching you () Yes

Have you ever felt you should cut down on your drug or alcohol use () Yes

Have people ever annoyed you by criticizing your alcohol or drug use () Yes

Family History

Have your parents or siblings ever suffered from a mental health or substance abuse disorder () Yes

Are you currently experiencing any problems with your children () Yes

Are you currently experiencing any problems with your significant other () Yes